

## **Professional Disclaimer**

**Effective Date:** June 1, 2026

**Important Notice:** Dr. Sandra Munoz holds active LMHC and Psy.D. credentials but is not currently in clinical practice. The content on [www.fiddleswerth.com](http://www.fiddleswerth.com) — including the Fiddleswerth® books and the free Letter from Fiddleswerth — is provided for general educational, informational, and comfort purposes only.

**Not Professional Advice:** Nothing on this website should be construed as professional psychological, medical, or therapeutic advice. The information and resources provided do not establish a doctor-patient or therapist-client relationship.

**Seek Professional Help:** If you or your child needs professional mental health services, please consult with a qualified mental health professional in your area. In case of a mental health emergency, contact your local emergency services, or call or text 988 (the Suicide & Crisis Lifeline) immediately.

**Children's Content:** While the Fiddleswerth books and the Letter from Fiddleswerth are designed to comfort children and support positive emotional development and imagination, they are not therapeutic interventions and are not a substitute for professional mental health support. Grief and loss can affect children deeply; if your child is struggling, please reach out to a qualified professional.

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