



Turn one bedtime story into a year of growth.

*A free 5-card guide for parents and teachers
using “Fiddleswerth: The Magical Elf That Lives on the Moon.”*



Empathy
for preschoolers



Problem-solving
for early readers



Discussion
for the classroom

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Building Empathy

For preschoolers · ages 3–5

Fiddleswerth watches over children from the moon — not to fix things, but to notice them. That gentle act of noticing is the foundation of empathy. Children learn how to feel WITH someone by watching a beloved character do it first.

WHAT THE STORY SHOWS

Fiddleswerth doesn't rush in to solve a child's problem. He looks. He listens. He stays close. The book gives children a quiet model for caring about someone without taking over.

TRY AT HOME

- After reading, ask: "Who was Fiddleswerth being kind to? How could you tell?"
- Have your child point to a picture and describe how that character feels.
- Play "Moon eyes": take turns noticing one kind thing someone did today.



Boosting Problem-Solving

For early readers · ages 5–8

Fiddleswerth shrinks into a ladybug to travel from the moon to Earth. It's a small magical detail, but it teaches a powerful lesson: sometimes you have to change shape — your size, your strategy, your approach — to reach the place you want to go.

WHAT THE STORY SHOWS

Early readers love noticing how Fiddleswerth solves problems creatively. Use the story to show that there is more than one way to get somewhere — and that sometimes the smallest version of you is the bravest.

TRY AT HOME OR IN CLASS

- Ask: "If you could shrink like Fiddleswerth, where would you go? Why?"
- Pose a small problem and brainstorm three different ways to solve it together.
- Draw a picture of a problem becoming smaller — the way Fiddleswerth shrinks.



For Classroom Discussion

For teachers, counselors, and group leaders

Fiddleswerth is a quiet bridge into the social-emotional learning conversations teachers want to have but rarely have an easy entry point for. Use the story as a 10-minute morning meeting anchor or a small-group discussion starter.

FIVE DISCUSSION PROMPTS

1. What does Fiddleswerth notice about the children that grown-ups might miss?
2. When have you felt like someone was watching over you from far away?
3. Why do you think Fiddleswerth needs to be SMALL to help? What does that teach us?
4. Describe a time you were kind to someone without them knowing.
5. If you lived on the moon, what would you watch for? Who would you watch over?

Pair with our \$27 Educators & Therapists Discussion Guide for tiered, CASEL-aligned lessons.





Magic isn't in the moon.

It's in the conversation that follows.

Children remember the moments after the story — the questions you ask, the quiet you give them, the way you really listen. One Fiddleswerth tale can become a hundred small conversations across a school year.

WANT MORE FREE FIDDLESWERTH RESOURCES?

Get the Letter from Fiddleswerth — a gentle keepsake for a grieving child — plus early access to our next book, “When Daddy Becomes a Star.”

Visit fiddleswerth.com/letter

With love from the moon — Dr. Sandra Munoz, Psy.D., LMHC

